



EMDR and Emergency Response: Models, Scripted Protocols, and Summary Sheets for Mental Health Interventions

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"In this latest insightful volume gathered and edited by Marilyn Luber, the authors have combined the lessons learned with personal accounts of how they proceeded. There is still much to be done to integrate mental health care effectively into disaster response worldwide, but this volume will help to point the way to best practices"

-Robert Gelbach, PhD

Past Executive Director at EMDR Humanitarian Assistance Programs

EMDR Therapy is a psychotherapy approach based on standard procedures and protocols. Using these standard procedures and protocols as its template, this mini-book presents step-by-step scripts that enable new practitioners and seasoned EMDR clinicians, trainers, and consultants alike to incorporate EMDR Therapy into their case conceptualizations and treatment plans when working with populations in the aftermath of such catastrophic events as earthquakes, mining accidents, tsunamis, and ongoing warfare. Interventions that can be put to use on site during perilous conditions and post-trauma are also presented for groups, including work with children, adolescents, and adults and with special populations. These scripts can be put to use immediately and retain the complete integrity of EMDR Therapy by presenting the three-prong protocol (past memories, present triggers, and future templates) and the 11-step procedure essential to the standard practice of EMDR Therapy. They reinforce the specific parts, sequence, and language used to create an effective outcome, and illustrate how clinicians are using this framework to work with a variety of therapeutic difficulties and modalities while maintaining the integrity of the AIP model.

The EMDR scripts for *EMDR and Emergency Response*, each with a corresponding summary sheet, include Emergency Response Procedure, Emergency Room and Wards Protocol, Recent Traumatic Episode Protocol, Recent Critical Incidents Protocol, Integrative Group Treatment Protocol for Children, and Integrative Group Treatment Protocol for Adults.

Key Features:

- Provides protocols for practicing EMDR with victims of natural and man-made disasters
- Includes concise summary sheets for quick information retrieval in perilous circumstances
- Presents specific protocols for use with children, adolescents, adults, and special populations who are victims of catastrophes
- Offers step-by-step scripts that enable practitioners to enhance their expertise more quickly
- Highlights international perspectives

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