



The Phase: Shattering the Illusion of Reality

Michael Raduga

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All my life I sought an elegant solution to one odd riddle. I sought it from Siberia to California, from the field of neurophysiology to quantum physics, and in illegal experiments on thousands of people. But the answer I found sent me into shock and changed my entire perception of reality. Unlike others, I offer not only a new perspective on the world, but also step-by-step practices that can shake the pillars of your limited reality, and give you revolutionary new tools for obtaining information, self-healing, travel, entertainment, and much more. By the Phase Research Center. TABLE OF CONTENTS: Part I: What is the Phase? Chapter 1 – The Enigma. Chapter 2 – The Search for an Answer. Chapter 3 – The Answer. Part II: How to Enter the Phase Today. Part III: The Phase Practitioner's Practical Encyclopedia. Chapter 1 – General Background. Chapter 2 – The Indirect Method. Chapter 3 – The Direct Method. Chapter 4 – Becoming Conscious While Dreaming. Chapter 5 – Non-Autonomous Methods. Chapter 6 – Deepening. Chapter 7 – Maintaining. Chapter 8 – Primary Skills. Chapter 9 – Translocation and Finding Objects. Chapter 10 – Application. Chapter 11 – Useful Tips. Chapter 12 – A Collection of Techniques. Chapter 13 – Putting a Face on the Phenomenon. Chapter 14 – Final Test. Chapter 15 – The Highest Level of Practice. Chapter 16 – Real Examples of Phase Experiences. Appendix. (Version 3.0, 2015)

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