



The Masterpiece Within: Five Key Life Skills To Becoming A Living Work Of Art

Guy Scholz, Claudia Church

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Every life has a story to tell. Whether or not our lives tell an intriguing and inspiring story lies in the hands of each and every one of us. Creating an adventurous and meaningful life story is oftentimes difficult due to the layers of self-defeating personal beliefs we accumulate through our life experiences. The Masterpiece Within: Five Key Life Skills To Becoming A Living Work Of Art, is a comprehensive, yet reader-friendly life skills manual filled with motivational stories, pop culture references from the film, music, and sports worlds, alongside ageless wisdom from ancient masters that help us chip away layers of fear, anger, discouragement, childishness, shame, low self-esteem, guilt, and numerous other learned traits that blind us to our own innate beauty. Life Skill #1: Choosing Wisely Life Skill #2: Becoming The Hero Of Our Own Life Story Life Skill #3: Discovering And Developing Life Bliss Life Skill #4: Balancing Emotions, Spirit, Mind, And Body Life Skill #5: Making A Difference Using the story behind the creation of Michelangelo's sculpted masterpiece, The David, as a metaphor The Masterpiece Within teaches there is a masterpiece waiting to be discovered in all of us! We must envision the masterpiece within ourselves, the same as Michelangelo could envision David beneath the flawed block of marble before he even put chisel to stone.

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