



Why Italians Love to Talk About Food

Elena Kostioukovitch

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Italians love to talk about food. The aroma of a simmering *ragù*, the bouquet of a local wine, the remembrance of a past meal: Italians discuss these details as naturally as we talk about politics or sports, and often with the same flared tempers. In *Why Italians Love to Talk About Food*, Elena Kostioukovitch explores the phenomenon that first struck her as a newcomer to Italy: the Italian "culinary code," or way of talking about food. Along the way, she captures the fierce local pride that gives Italian cuisine its remarkable diversity. To come to know Italian food is to discover the differences of taste, language, and attitude that separate a Sicilian from a Piedmontese or a Venetian from a Sardinian. Try tasting Piedmontese *bagna cauda*, then a Lombard *cassoela*, then lamb *ala Romana*: each is part of a unique culinary tradition.

In this learned, charming, and entertaining narrative, Kostioukovitch takes us on a journey through one of the world's richest and most adored food cultures. Organized according to region and colorfully designed with illustrations, maps, menus, and glossaries, *Why Italians Love to Talk About Food* will allow any reader to become as versed in the ways of Italian cooking as the most seasoned of chefs. Food lovers, history buffs, and gourmands alike will savor this exceptional celebration of Italy's culinary gifts.

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Catherine Stoltenberg:

The reason? Because this Why Italians Love to Talk About Food is an unordinary book that the inside of the reserve waiting for you to snap the idea but latter it will distress you with the secret this inside. Reading this book adjacent to it was fantastic author who also write the book in such awesome way makes the content within easier to understand, entertaining approach but still convey the meaning completely. So , it is good for you because of not hesitating having this nowadays or you going to regret it. This phenomenal book will give you a lot of positive aspects than the other book include such as help improving your expertise and your critical thinking means. So , still want to hold up having that book? If I were being you I will go to the reserve store hurriedly.

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