



Equal Partners - Good Friends: Empowering Couples Through Therapy

Claire Rabin

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Marriage as an equal partnership is the goal of many couples in the western world today and yet equality is often limited by the ways that power and gender interact in the relationship, leading to dissatisfaction and ultimately the break up of the marriage. In *Equal Partners - Good Friends* Claire Rabin examines the connection between inequality in marriage and marital distress. Drawing on extensive research and personal interviews in the UK, USA and Israel, she stresses the role of friendship in establishing a truly equal relationship. Focusing on issues of gender, sex roles and power, she provides a new clinical treatment model for therapists working with couples which is much needed in today's climate of change.

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