

# **Astral Travel for Beginners by Richard Webster**

Richard Webster



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## Astral Travel for Beginners by Richard Webster

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#### Astral Travel for Beginners by Richard Webster Richard Webster

Astral projection, or the out-of-body travel, is a completely natural experience. The exercises in this book are carefully graded to take you step-by-step through an actual out-of-body experience. You can explore new worlds, go back and forth through time, make new friends and even find a lover on the astral planes. Author: Richard Webster. 227 pages

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