



# One Dress. One Year.: One Girl's Stand against Human Trafficking

*Bethany Winz, Susanna Foth Aughtmon*

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**One girl. One dress. One year. For freedom.**

When sixteen-year-old Bethany Winz learned about the millions of men, women, and children around the world trapped in slavery, her stomach churned. *How can anyone do that to another human being?* she wondered. *And why aren't we doing something?*

This is the story of Bethany's "something."

Journey with her as she wears the same black dress every day for a year to focus attention on the lack of choices people in modern-day slavery face and raise money to help end human trafficking. As Bethany works to bring freedom to people worldwide, she'll discover how much she too needs freedom. You'll be inspired not only to change the world in your own way but also to experience the life-changing freedom of God's irrepressible love.

"Bethany is part of a brave new generation of leaders following Jesus as they engage with some of the world's most difficult issues--and most vulnerable people. I encourage you to listen to her creative and courageous voice inviting others on a journey to freedom!"--**Jennifer Roemhildt Tunehag**, cofounder and core team member, European Freedom Network Global Human Trafficking Task Force, World Evangelical Alliance

"Raw, witty, and unafraid, *One Dress. One Year.* is a primer on moving from passion to action that is courageously honest about the inevitable stops at disillusioned and disheartened along the way. This book is a must-read for any young person passionate about justice but unsure where to begin--or if their efforts will even matter."--**Jim Martin**, vice president of spiritual formation, International Justice Mission; author of *The Just Church*

**Bethany Winz** is studying social justice at Trevecca Nazarene University where she's learning to love Nashville and urban farming. She already loves Jesus, hot tea, good books, and bacon. She processes the world by writing and blogs about the adventure of growing up and what she's learning about justice at [www.bethanywinz.com](http://www.bethanywinz.com).

**Susanna Foth Aughtmon** is the author of *All I Need Is Jesus and a Good Pair of Jeans, My Bangs Look Good and Other Lies I Tell Myself*, and *I Blame Eve*. She coauthored *A Trip around the Sun* with Richard Foth and *New York Times* bestselling author Mark Batterson. A pastor's wife and mother of three, Susanna blogs about life's adventures at [www.tiredsupergirl.com](http://www.tiredsupergirl.com).

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