



Color Your Life Happy: Create Your Unique Path and Claim the Joy You Deserve

Flora Morris Brown Ph.D.

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Color Your Life Happy: Create Your Unique Path and Claim the Joy You Deserve Flora Morris Brown Ph.D.

During her career as a teacher, speaker, entrepreneur, and publishing coach, Flora Morris Brown has helped thousands of students and clients reach their potential, create success, and enjoy happiness. She was often asked how she achieved her own happiness. Now she shares how she and others make choices in keeping with their higher purpose and draw lessons and strength from sadness, grief, and adversity that create a unique life path. Weaving together findings from the field of positive psychology, ancient wisdom, self-help advice, personal experiences, and spiritual enlightenment, Brown offers practical and inspirational insight, strategies, and principles we can apply to embracing happiness and claiming the joy we deserve.

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