



A Revolution of One

Mary Ann Winiger

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Human Design System can bring about a profound transformation. In the mid-nineties, Mary Ann Winiger began her experiment based purely on her Strategy and Authority. She was shocked to discover that something so simple could end up turning her whole world upside-down. “A Revolution of One” is Mary Ann’s story of how she stopped going towards things and waited for life to come to her. It is filled with pain and fear, wonder and delight, shattering and rebirth all of which ultimately becomes a powerful life force energy, which expresses itself as Joy. This book is for those of you who have been touched in some way by the Human Design System.

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